

# Mainstreaming Mental Health into the Development Priorities in the United Nations Takashi Izutsu, Ph.D. United Nations

## Global tren surrounding Mental Health & HIV

- Paris Declaration on Aid Effectiveness (2005) & Accra Agenda for Action (2008)
- One UN: United Nations Development Assistance Framework (UNDAF)
- → All the Donors / UN entries determine the priorities & plans together

## How do they determine priorities & plan?

Country Level

- Common Country Assessment (CCA)

Global Level

- General Assembly Resolutions
- Economic and Social Council resolutions
- → Millennium Development Goals (MDGs) & Human Rights Conventions, etc.

#### **Millennium Development Goals (MDGs)**

Goal 1: End poverty and Huger

Goal 2: Universal Education

Goal 3: Gender Equality

Goal 4: Child Health

Goal 5: Maternal Health

Goal 6: Response to HIV, Malaria& Other Dx

Goal 7: Environmental Sustainability

Goal 8: Global Partnership

→ Mental Health is not mentioned

### **Human Rights conventions**

- Int'l Convention on the Elimenation of all Forms of Racial Discrimination (1965)
- Int'l Convention on Civil & Political Rights (1966)
- Int'l Convention on Economic, Social & Culture Rights (1966)
- Covenant on Elimination of All Forms of Discrimination against Women (1979)
- Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (1984)
- Convention on the Rights of the Child (1989)
- Int'l Convention on the Protection of the Rights of All Migrant Workers and Members of Their Families (1990)
- Convention on the Rights of Persons with Disabilities (2006)
- Int'l Convention for the Protection of All Persons from Enforced Disappearance (2006)

#### **Others**



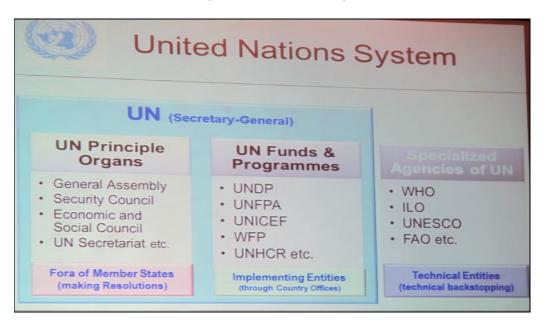
- ECOSOC High Level Segment (2009): The Ministerial Declaration highlighted importance of integrating mental health into the implementation of the MDGs (including MDG6)

### **UN-WHO Policy Analysis on Mental Health & Development**

Joint Policy analysis issued (Sep. 2010).

- Importance of integrating Mental Health as a critical indicator of human development, well-being, QOL, peace, and hope.
- → incl. HIV & Mental Health
- Impact of mental and psychosocial disability.

#### **United Nations System UN (Secretary – General)**



#### World Health organization (WHO)

Published an Intervention Guide for Mental Disorders

→ Solution Package

WHO: mhGAP Invention Giude for mental, neurological and substance use disorders in non-specialized health settings (2010)

### **United Nations Population Fund (UNFPA)**

- Integrated Mental Health "Strategic Plan 2008-2013": Universal access to HIV prevention for improved quality of life.
- Integrated Mental Health into Programmes in countries as part of Maternal Health, Gender-based Violence, & HIV.
- Global level: awareness raising, research, & networking.
- Statements by the Executive Director
- Fact Sheet, WHO-UNFPA Statement, & Research compendium

#### **United Nations Children's Fund (UNICEF)**



Round Table on Adolescent Mental Health (2011)  $\Rightarrow$  incl. Aldolescent Mental Health and HIV

Exploring possibilities of integrating Mental Health into Child Health and Protection Programmes

## The Way Forward

Policy Development

- Resolutions (General Assembly etc.)
- Guidance Note on Mental Health & HIV
- Post-MDGs Framework
- Indicators

Need to develop inter-agency networks

### Awareness Raising

- Fact Sheet on Mental Health & HIV
- Advocacy Event

Capacity Building (CB)

- Creative CB: mhGAP etc. for health workers (ex. On-line mhGAP training etc.)
- CB for central and municipality officials
- CB for general public

Make sure accessibility & include persons with psychosocial disabilities in the process